

2008 PNS Long Course Championships - 7/31/2008 to 8/3/2008
2008 PNS Long Course Championships, Sanction #: 0807-CHMP
hosted by WEST Coast Aquatics
Session Report

Session: 1 Thursday Prelims

Day of Meet: 1 Starts at 11:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	1 Girls 11-12 200 IM	43	6	11:00 AM _____
Prelims	2 Boys 11-12 200 IM	48	6	11:20 AM _____
Prelims	3 Girls 13 & Over 200 IM	112	14	11:40 AM _____
Prelims	4 Boys 13 & Over 200 IM	104	13	12:20 PM _____
Prelims	5 Girls 11-12 50 Freestyle	43	6	12:56 PM _____
Prelims	6 Boys 11-12 50 Freestyle	43	6	01:01 PM _____
Prelims	7 Girls 13 & Over 50 Freestyle	94	12	01:06 PM _____
Prelims	8 Boys 13 & Over 50 Freestyle	134	17	01:15 PM _____
Finals	9 Girls 11-12 800 Freestyle	5	1u	01:27 PM _____
Finals	10 Boys 11-12 800 Freestyle	3	1u	01:38 PM _____
Finals	11 Girls 13 & Over 800 Freestyle	56	7u	01:48 PM _____
Finals	12 Boys 13 & Over 800 Freestyle	56	7u	02:59 PM _____
	Swimmer Count for Warm-ups: 533	=====	=====	
	Entry / Heat Totals:	741	96	
	Finish Time			04:08 PM _____

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Session: 2 Thursday Finals

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 11-12 200 IM	43	2u	05:30 PM _____
Finals	2 Boys 11-12 200 IM	48	2u	05:38 PM _____
Finals	3 Girls 13 & Over 200 IM	112	4u	05:45 PM _____
Finals	4 Boys 13 & Over 200 IM	104	4u	05:59 PM _____
Finals	5 Girls 11-12 50 Freestyle	43	2u	06:13 PM _____
Finals	6 Boys 11-12 50 Freestyle	43	2u	06:16 PM _____
Finals	7 Girls 13 & Over 50 Freestyle	94	4u	06:19 PM _____
Finals	8 Boys 13 & Over 50 Freestyle	134	4u	06:25 PM _____
	Swimmer Count for Warm-ups: 162	=====	=====	
	Entry / Heat Totals:	621	24	
	Finish Time			06:30 PM _____

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Session: 3 Friday Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 0 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	19 Girls 10 & Under 200 Medley Relay	12	2	09:00 AM _____
Finals	20 Boys 10 & Under 200 Medley Relay	4	1	09:07 AM _____
Finals	21 Girls 10 & Under 100 Butterfly	19	3	09:10 AM _____
Finals	22 Boys 10 & Under 100 Butterfly	9	2	09:15 AM _____
Prelims	23 Girls 11-12 200 Butterfly	21	3	09:18 AM _____
Prelims	24 Boys 11-12 200 Butterfly	13	2	09:28 AM _____
Prelims	25 Girls 13 & Over 200 Butterfly	80	10	09:35 AM _____
Prelims	26 Boys 13 & Over 200 Butterfly	64	8	10:02 AM _____
Finals	27 Girls 10 & Under 100 Breaststroke	21	3	10:22 AM _____
Finals	28 Boys 10 & Under 100 Breaststroke	13	2	10:28 AM _____
Prelims	29 Girls 11-12 100 Breaststroke	41	6	10:31 AM _____
Prelims	30 Boys 11-12 100 Breaststroke	37	5	10:41 AM _____
Prelims	31 Girls 13 & Over 100 Breaststroke	94	12	10:49 AM _____
Prelims	32 Boys 13 & Over 100 Breaststroke	99	13	11:06 AM _____
Finals	33 Girls 10 & Under 100 Freestyle	16	2	11:24 AM _____
Finals	34 Boys 10 & Under 100 Freestyle	14	2	11:26 AM _____
Prelims	35 Girls 11-12 100 Freestyle	54	7	11:29 AM _____
Prelims	36 Boys 11-12 100 Freestyle	59	8	11:38 AM _____
Prelims	37 Girls 13 & Over 100 Freestyle	97	13	11:48 AM _____
Prelims	38 Boys 13 & Over 100 Freestyle	128	16	12:02 PM _____
Finals	39 Girls 10 & Under 50 Backstroke	26	4	12:18 PM _____
Finals	40 Boys 10 & Under 50 Backstroke	17	3	12:22 PM _____
Prelims	41 Girls 11-12 50 Backstroke	47	6	12:25 PM _____
Prelims	42 Boys 11-12 50 Backstroke	46	6	12:30 PM _____
Finals	43 Girls 10 & Under 50 Freestyle	18	3	12:36 PM _____
Finals	44 Boys 10 & Under 50 Freestyle	16	2	12:38 PM _____
Finals	45 Girls 11-12 400 IM	45	6u	12:39 PM _____
Finals	46 Boys 11-12 400 IM	31	4u	01:17 PM _____
Finals	47 Girls 10 & Under 200 IM	14	2	01:42 PM _____
Finals	48 Boys 10 & Under 200 IM	14	2	01:49 PM _____
Finals	49 Girls 13 & Over 400 IM	91	12u	01:55 PM _____
Finals	50 Boys 13 & Over 400 IM	89	12u	03:02 PM _____
	Swimmer Count for Warm-ups: 760	=====	=====	
	Entry / Heat Totals:	1,349	182	
	Finish Time			04:05 PM _____

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Session: 4 Friday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	13 Girls 11-12 200 Medley Relay	22	3	05:00 PM _____
Finals	14 Boys 11-12 200 Medley Relay	18	3	05:12 PM _____
Finals	15 Girls 13-14 200 Medley Relay	20	3	05:24 PM _____
Finals	16 Boys 13-14 200 Medley Relay	16	2	05:34 PM _____
Finals	17 Girls 15 & Over 200 Medley Relay	33	5	05:42 PM _____
Finals	18 Boys 15 & Over 200 Medley Relay	29	4	05:59 PM _____
Finals	23 Girls 11-12 200 Butterfly	21	2u	06:12 PM _____
Finals	24 Boys 11-12 200 Butterfly	13	2u	06:20 PM _____
Finals	25 Girls 13 & Over 200 Butterfly	80	4u	06:28 PM _____
Finals	26 Boys 13 & Over 200 Butterfly	64	4u	06:42 PM _____
Finals	29 Girls 11-12 100 Breaststroke	41	2u	06:55 PM _____
Finals	30 Boys 11-12 100 Breaststroke	37	2u	07:00 PM _____
Finals	31 Girls 13 & Over 100 Breaststroke	94	4u	07:05 PM _____
Finals	32 Boys 13 & Over 100 Breaststroke	99	4u	07:15 PM _____
Finals	35 Girls 11-12 100 Freestyle	54	2u	07:23 PM _____
Finals	36 Boys 11-12 100 Freestyle	59	2u	07:28 PM _____
Finals	37 Girls 13 & Over 100 Freestyle	97	4u	07:32 PM _____
Finals	38 Boys 13 & Over 100 Freestyle	128	4u	07:40 PM _____
Finals	41 Girls 11-12 50 Backstroke	47	2u	07:48 PM _____
Finals	42 Boys 11-12 50 Backstroke	46	2u	07:51 PM _____
	Swimmer Count for Warm-ups: 450	=====	=====	
	Entry / Heat Totals:	1,018	60	
	Finish Time			07:55 PM _____

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Session: 5 Saturday Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 0 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	57 Girls 10 & Under 200 Freestyle Relay	11	2	09:00 AM	_____
Finals	58 Boys 10 & Under 200 Freestyle Relay	5	1	09:06 AM	_____
Finals	59 Girls 10 & Under 100 Backstroke	21	3	09:08 AM	_____
Finals	60 Boys 10 & Under 100 Backstroke	16	2	09:14 AM	_____
Prelims	61 Girls 11-12 200 Backstroke	34	5	09:17 AM	_____
Prelims	62 Boys 11-12 200 Backstroke	38	5	09:34 AM	_____
Prelims	63 Girls 13 & Over 200 Backstroke	116	15	09:51 AM	_____
Prelims	64 Boys 13 & Over 200 Backstroke	87	11	10:34 AM	_____
Finals	65 Girls 10 & Under 200 Freestyle	22	3	11:06 AM	_____
Finals	66 Boys 10 & Under 200 Freestyle	24	3	11:14 AM	_____
Prelims	67 Girls 11-12 200 Breaststroke	49	7	11:23 AM	_____
Prelims	68 Boys 11-12 200 Breaststroke	33	5	11:47 AM	_____
Prelims	69 Girls 13 & Over 200 Breaststroke	107	14	12:06 PM	_____
Prelims	70 Boys 13 & Over 200 Breaststroke	97	13	12:49 PM	_____
Finals	71 Girls 10 & Under 50 Butterfly	20	3	01:27 PM	_____
Finals	72 Boys 10 & Under 50 Butterfly	19	3	01:30 PM	_____
Prelims	73 Girls 11-12 50 Butterfly	49	7	01:32 PM	_____
Prelims	74 Boys 11-12 50 Butterfly	37	5	01:36 PM	_____
Finals	75 Girls 10 & Under 50 Breaststroke	22	3	01:39 PM	_____
Finals	76 Boys 10 & Under 50 Breaststroke	20	3	01:42 PM	_____
Finals	77 Girls 11-12 400 Freestyle	43	6u	01:44 PM	_____
Finals	78 Boys 11-12 400 Freestyle	49	7u	02:16 PM	_____
Finals	79 Girls 13 & Over 400 Freestyle	87	11u	02:53 PM	_____
Finals	80 Boys 13 & Over 400 Freestyle	107	14u	03:46 PM	_____
	Swimmer Count for Warm-ups: 693	=====	=====		
	Entry / Heat Totals:	1,113	151		
	Finish Time			04:51 PM	_____

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Session: 6 Saturday Finals

Day of Meet: 3 Starts at 05:45 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	51 Girls 11-12 200 Freestyle Relay	23	3	05:45 PM _____
Finals	52 Boys 11-12 200 Freestyle Relay	18	3	05:55 PM _____
Finals	53 Girls 13-14 200 Freestyle Relay	21	3	06:05 PM _____
Finals	54 Boys 13-14 200 Freestyle Relay	16	2	06:14 PM _____
Finals	55 Girls 15 & Over 200 Freestyle Relay	33	5	06:20 PM _____
Finals	56 Boys 15 & Over 200 Freestyle Relay	28	4	06:35 PM _____
Finals	61 Girls 11-12 200 Backstroke	34	2u	06:47 PM _____
Finals	62 Boys 11-12 200 Backstroke	38	2u	06:55 PM _____
Finals	63 Girls 13 & Over 200 Backstroke	116	4u	07:03 PM _____
Finals	64 Boys 13 & Over 200 Backstroke	87	4u	07:18 PM _____
Finals	67 Girls 11-12 200 Breaststroke	49	2u	07:32 PM _____
Finals	68 Boys 11-12 200 Breaststroke	33	2u	07:40 PM _____
Finals	69 Girls 13 & Over 200 Breaststroke	107	4u	07:49 PM _____
Finals	70 Boys 13 & Over 200 Breaststroke	97	4u	08:05 PM _____
Finals	73 Girls 11-12 50 Butterfly	49	2u	08:19 PM _____
Finals	74 Boys 11-12 50 Butterfly	37	2u	08:22 PM _____
	Swimmer Count for Warm-ups: 399	=====	=====	
	Entry / Heat Totals:	786	48	
	Finish Time			08:25 PM _____

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Session: 7 Sunday Prelims

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 0 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	81 Girls 11-12 200 Freestyle	44	6	09:00 AM _____
Prelims	82 Boys 11-12 200 Freestyle	49	7	09:16 AM _____
Prelims	83 Girls 13 & Over 200 Freestyle	95	12	09:35 AM _____
Prelims	84 Boys 13 & Over 200 Freestyle	99	13	10:03 AM _____
Prelims	85 Girls 11-12 100 Butterfly	43	6	10:32 AM _____
Prelims	86 Boys 11-12 100 Butterfly	20	3	10:40 AM _____
Prelims	87 Girls 13 & Over 100 Butterfly	96	12	10:45 AM _____
Prelims	88 Boys 13 & Over 100 Butterfly	99	13	10:59 AM _____
	Break: 30 Minutes			
Prelims	89 Girls 11-12 100 Backstroke	52	7	11:44 AM _____
Prelims	90 Boys 11-12 100 Backstroke	45	6	11:56 AM _____
Prelims	91 Girls 13 & Over 100 Backstroke	103	13	12:06 PM _____
Prelims	92 Boys 13 & Over 100 Backstroke	78	10	12:26 PM _____
Prelims	93 Girls 11-12 50 Breaststroke	40	5	12:40 PM _____
Prelims	94 Boys 11-12 50 Breaststroke	27	4	12:44 PM _____
Finals	95 Girls 11 & Over 1500 Freestyle	56	7u	12:47 PM _____
Finals	96 Boys 11 & Over 1500 Freestyle	57	8u	_____
	Swimmer Count for Warm-ups: 584	=====	=====	
	Entry / Heat Totals:	1,003	132	
	Finish Time			03:25 PM _____

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Session: 8 Sunday Finals

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	81 Girls 11-12 200 Freestyle	44	2u	05:00 PM _____
Finals	82 Boys 11-12 200 Freestyle	49	2u	05:07 PM _____
Finals	83 Girls 13 & Over 200 Freestyle	95	4u	05:14 PM _____
Finals	84 Boys 13 & Over 200 Freestyle	99	4u	05:27 PM _____
Finals	85 Girls 11-12 100 Butterfly	43	2u	05:39 PM _____
Finals	86 Boys 11-12 100 Butterfly	20	2u	05:44 PM _____
Finals	87 Girls 13 & Over 100 Butterfly	96	4u	05:48 PM _____
Finals	88 Boys 13 & Over 100 Butterfly	99	4u	05:57 PM _____
Finals	89 Girls 11-12 100 Backstroke	52	2u	06:05 PM _____
Finals	90 Boys 11-12 100 Backstroke	45	2u	06:10 PM _____
Finals	91 Girls 13 & Over 100 Backstroke	103	4u	06:15 PM _____
Finals	92 Boys 13 & Over 100 Backstroke	78	4u	06:24 PM _____
Finals	93 Girls 11-12 50 Breaststroke	40	2u	06:34 PM _____
Finals	94 Boys 11-12 50 Breaststroke	27	2u	06:37 PM _____
	Swimmer Count for Warm-ups: 229	=====	=====	
	Entry / Heat Totals:	890	40	
	Finish Time			06:41 PM _____