

**Titlow Classic
Titlow Pool
Tacoma, Washington
Hosted by Tacoma Swim Club**

Held under the sanction of Pacific Northwest Swimming, Inc. and USA Swimming, Inc.

SANCTION #0606-SP06

DATE: June 24-25, 2006

HOSTED BY: Tacoma Swim Club

MEET DIRECTOR:

Tracy Chan
Tracy7188@aol.com
253-568-6634

MEET REFEREE:

Teri White
Twhite@MassMutual.com
(253) 853-2771

LOCATION:

Titlow Pool
8355- 6th Ave
Tacoma, WA.

DIRECTIONS:

- **From Hwy 16:** Take Jackson Street exit. Go south on Jackson St to 6th Ave. Turn right at light on 6th Ave, and go all the way down the hill. Titlow Pool is on the right, and the entrance to parking lot is just past the pool.

FACILITY:

- 50 meters outdoor facility
- Starting end 10 feet deep, turning end 3 1/2 feet deep
- 9-lane competitive pool
- Warm-up pool: One lane
- Limited spectator seating available
- Timing system

ONSITE AMENITIES:

- **Heat Sheets**
 - Meet Heat Sheets: \$3.00 for one day
\$5.00 for two days
 - Results: \$5.00
- **Concessions:** available throughout the meet
- **Hospitality:** available for coaches and officials
- **Parking:** available next to pool. Carpooling is recommended. Do not block private driveways.

WARMUPS AND START TIMES:

Saturday, June 24, 2006

- Session I - Warm-ups: 7:00 a.m - 7:55 a.m. Timed Finals: 8:00 a.m.
- Session II - Warm-ups: Immediately following the conclusion of Session I. Timed Finals: Sixty minutes after conclusion of

Session I - Team contact will be notified of start time.

Sunday, June 25, 2006

- Session III - Warm-ups: 7:30 a.m. - 8:25 a.m. Timed Finals: 8:30 a.m.
- Session IV - Warm-ups: Immediately following the conclusion of Session III Timed Finals: Sixty minutes after conclusion of Session III - Team contact will be notified of start time.

COACHES:

- Coaches are required to show current USA Swimming Coach Registration
- **Current credentials must be visible at all times while on deck**
- Pick up Coaches' packet at the Clerk of Course desk.

OFFICIALS:

- Officials are required to show current USA Swimming Non-Athlete Registration and Certification.
- **Current credentials must be visible at all times while on deck.**

MEETINGS:

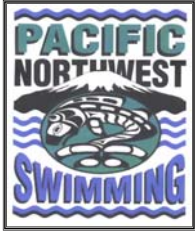
- Coaches' meeting: 7:45 a.m. Saturday, as needed on Sunday
- Officials' meeting: 7:30 a.m. Saturday, 8:00 am Sunday.

ELIGIBILITY:

- All swimmers must be registered with USA Swimming and Pacific Northwest Swimming or a FINA affiliated organization as of meet entry date.
- Age groups are based on the age of the swimmer as of the first day of competition.
- Age Groups for competition will be: 10 and under, 11-12, 13 and Over. Awarded ribbons to: 8 and under, 9-10, 11-12, 13-14, and 15-over.

ENTRIES:

- Session I: 1100 splash maximum
- Session II: 1100 splash maximum
- Session III: 1100 splash maximum
- Session IV: 1100 splash maximum
- **Submit long course meter times. Do not convert times.**
- Individual entries are limited to a maximum of 4 per day
- The Meet Referee and Meet Director may reduce the number of swims per swimmer and/or cancel events to comply with the 4-hour timeline for 12 and under swimmers.
- Recheck all entries, as NO entries or corrections will be accepted after the deadline.
- On deck USA Swimming registration will not be permitted.
- Deck entries for individual events will be allowed in open lanes only at the discretion of the referee. \$10.00 surcharge for those swimmers not previously entered in the meet. \$2.00 per deck entry events. Deck entry swims are not eligible for award.



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- Deck entered swimmers who are not already in the meet are required to show proof of USA Swimming athlete registration through PNS and complete a PNS Deck Entry Registration Form (available at Clerk of Course).
- Deck entry swims are not eligible for awards.
- **All USA Swimming registration numbers will be verified with the PNS registration database.**

ENTRY SUBMITTAL:

Entries will only be accepted upon receipt of all of the following **prior to the entry deadline:**

1. COMMLINK file exported from Team Manager (if used)
2. Meet Entry Report for individual (sorted by swimmer) and relay entries from Team Manager (preferred) or equivalent hardcopy.
3. Meet Entry Fee Report from Team Manager (preferred) or equivalent hardcopy
4. Master Entry Summary form Completed and hand-signed hardcopy only (original or faxed); typed signatures will not be accepted
5. Meet Entry Fees – One check please

- **Submittal Formats:**

- **Electronic files:** email attachments (preferred) or disk. If emailing the COMMLINK file, include items #2 and #3 above in Word for Windows format in your email. Items #4 and #5 must still be received by the entry deadline.

- **Hardcopies:** mail, hand-deliver or fax. If sending via express mail, please waive signature requirement.

- **Disk:** 3½ inch floppy disk, double density or high density format, CD or DVD, and should be mailed or delivered using a protective envelope

- To ensure correct entries, teams that do not have Team Manager or equivalent software are encouraged to obtain the free of charge Hy-Tek Lite to complete and submit entries for this meet. This software is available at:

<http://www.hy-tektd.com/downloads.html>

- **Submittal Notes:**

- Meet Entry Report or equivalent hardcopy must include: Full name of club, and, for each swimmer, first and last name, actual age as of first day of meet, gender, USA Swimming permanent 14-character identification number, events entered, and entry times

Cooperation is appreciated in facilitating the entry process by making your entries complete, orderly, and legible.

ENTRY FEES:

- Surcharge: \$5.00
- Individual Events: \$2.00
- Deck Entry Surcharge \$10.00 (If not previously entered in the meet)
- Make one check for team entries payable to **Tacoma Swim Club**

- No refunds or credits will be given for events entered but not swum.
- All Meet Entry Fees must accompany entries.
- If too many individual events are entered, the Meet Director will scratch down to **four** per day.
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ENTRY DEADLINE:

- Entries must be received by: **6:00 P.M., Wednesday June 14, 2006**
- Late or incomplete entries will not be accepted.
- Entries will be processed in order of postmark.
- **If sending express mail, please waive signature requirement.**

MAIL ENTRIES TO:

TSC
C/O Titlow Classic Entries
P.O. BOX # 65006
Tacoma, WA. 98464

AWARDS:

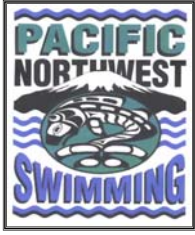
- Individual: Ribbons 1st thru 6th
- Events will be awarded by Age Group and Flight that corresponds with their age and entry time.
- Awards will be handed out to a team coach at the end of the final session or will be mailed if not complete at the end of the final session.

MEET RULES:

- Current USA Swimming rules will govern throughout the meet.
- There will be a positive check-in for all the 400 IM's, 400 and the 800 Free events. These events will be deck seeded - positive check-in required for seeding.
- Positive check-in deadline times will be announced at the coaches meeting. Do NOT check in any swimmer that is not present. Late arrivals please notify clerk of course of your intention to swim as soon as possible.
- Late arrivals and deck entries will be accommodated after all seeded swimmers have competed in that event The 800 Free **may** be limited to 36 Boys and 36 Girls or at the discretion of the Meet Referee.
- The 400 IM, and 800 Free will be swum fastest to slowest, alternating Girls and Boys. **Swimmers are required to provide their own counter and timer for the 400 I.M., 800 Free Events.**

WARM-UP PROCEDURES:

- Circle swim counter-clockwise only.
- Last half hour of each warm-up period
 - Lanes 1 and 10 - pace lanes (no diving starts)
 - Lane 2 and 9 - sprint lanes (dive starts - return in lanes 3 and 8)
 - Lanes 4, 5,6 and 7 - general warm-up
 - Additional sprint lanes may be made available upon



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request to the Meet Referee

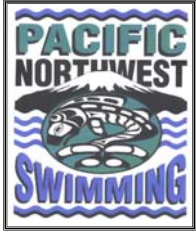
- Pool closes promptly 5 minutes before the start of competition.
- Warm-up may be modified at the discretion of the Meet Referee to accommodate the number of swimmers entered.

SAFETY:

- No Diving from the blocks or sides of pool except for designated sprint lanes during designated times in main pool.
- Jumping into the pool is not allowed
- Backstroke swimmers enter the water feet first in rotation. No diving over persons in the water.
- Deck Marshals will be assigned to supervise the warm-up. Deck Marshals have the authority to remove any swimmer, coach, or club from the warm-up or the meet who do not follow the safety rules.
- Coaches are responsible for their team's swimmers throughout the meet - including warm-up and warm down.
- Swimmers who participate without their USA swimming certified coach present must notify the Meet Referee prior to warm-up. The swimmer will be assigned to a coach.

OTHER NOTES:

- In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Only authorized volunteers and working personnel can remain on deck. All others must remain in the designated spectator area and are not allowed in the designated racing venue unless timing for an event or volunteering with the management of the meet.
- In order to be on deck and serve in their official capacity, all coaches, officials, meet directors, marshals and any other person required by sanction to be members of USA Swimming shall visibly display their membership credentials at all times.
- Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue.
- Any act of theft, vandalism or similar action will result in immediate disqualification from the meet and the loss of any points accumulated toward team standings by the individual.
- Team Areas: Please keep your area clean and pick up trash.



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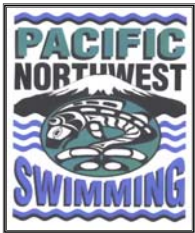
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Saturday June 24th
Order of Events
Session 1

Girls' Event #	Boys' Event #	Event	Age Group
1	2	200 Free	10 & U
3	4	200 Free	11-12
5	6	100 Fly	10 & U
7	8	100 Fly	11-12
9	10	50 Free	10 & U
11	12	50 Free	11-12
13	14	50 Back	10 & U
15	16	50 Back	11-12
17	18	100 Breast	10 & U
19	20	100 Breast	11-12

Saturday June 24th
Order of Events
Session 2

Girls' Event #	Boys' Event #	Event	Age Group
21	22	200 Free	13&O
23	24	100 Fly	13&O
25	26	50 Free	13&O
27	28	200 Back	13&O
29	30	100 Breast	13&O
31	32	400 I.M.	13&O
33	34	800 Free	13&O



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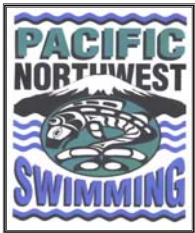
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Sunday June 25th
Order of Events
Session 3

Girls' Event #	Boys' Event #	Event	Age Group
35	36	200 I.M.	10 & U
37	38	200 I.M.	11-12
39	40	50 Breast	10 & U
41	42	50 Breast	11-12
43	44	50 Fly	10 & U
45	46	50 Fly	11-12
47	48	100 Back	10 & U
49	50	100 Back	11-12
51	52	100 Free	10 & U
53	54	100 Free	11-12
55	56	400 Free	11-12

Sunday June 25th
Order of Events
Session 4

Girls' Event #	Boys' Event #	Event	Age Group
57	58	200 I.M.	13&O
59	60	100 Free	13&O
61	62	200 Fly	13&O
63	64	100 Back	13&O
65	66	200 Breast	13&O
67	68	400 Free	13&O



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MEET EVALUATION FORM

Your constructive input will go directly to Pacific Northwest Swimming Evaluation Committee to improve the meets and benefit the swimmers. Please take time to FILL OUT THIS FORM and TURN IT IN! Or mail to PNS Office, 753 N Central Ave, Kent WA. 98032.

Rating Code	Facility
0 = Not available	Pool
1 = Poor	
2 = Below Average	Deck Space
3 = Average	Spectator Space
4 = Above Average	Parking
5 = Excellent	Food Concession

Officials	Meet Management
Referee	Meet Organization
Starter	Timing System
Stroke and Turn	Starting System
Consistency	Computer System
Number of Officials	Timers
	Result Posting
Meet Format	Heat Sheet Posting
Size of Sessions	P.A. System
Rest for Swimmers	Length of Sessions
Warm-up Sessions	Awards
Warm-down Area	Hospitality

Comments: